

# Vicky Dierckx

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## Experience

**Adjunct lecturer** – Marketing Department, Virginia Tech, Blacksburg, Virginia – 2020-present

- MKTG 3134: Personal Well-being and Professional Success (undergraduate students, 3 credits)

**Instructor** – Virginia Tech, Blacksburg, Virginia – 2019-present

- 6-week happiness groups for undergraduate students (Department of Recreational Sports)
- 6-week happiness groups for graduate students (Department of Recreational Sports)
- 6-week classes “Learn to be happy! Practice the science of happiness” (Lifelong Learning Institute at VT)

**Well-being trainer** – 2020-present

- Virginia Government Finance Offices’ Association (VGFOA): Personal and Professional Well-being Course for public servants working in VA local government finance departments (10/16/2021 & 2/25/2022)
- Student Athlete Academic Support Services (SAASS VT): Teambuilding (12/15/2021)
- DePaul Community Resources (VA): Training employees (5/26 & 7/28/2021)
- Pulaski County: One-day well-being workshops for the Pulaski County employees (3/3 & 3/4/2020)

**Guest speaker on well-being**– 2019-present

- Guest lectures for “Positive Psychology” at Virginia Tech (2021; 2022)
- Guest lectures for “Marketing, Society and Public Interest” at Virginia Tech (2019; 2020; 2021)
- Guest lecture for “Design Thinking” at Radford University (3/12 & 3/15/2021)
- Guest lecture for “Managing Professional Communication and Negotiation” at Radford University (2 classes, 1/28/2020)
- Presentation at the Pre-conference training on the Commonwealth of Virginia’s Annual Children’s Service Act Conference (10/23/2020)
- Presentations for the American Marketing Association at Virginia Tech (2/11/2019 & 3/1/2021)
- Presentation for the Public Relations Student Society of America at Virginia Tech (4/14/2021)
- Well-Being course (4 classes) for the Meraki Living-Learning Community at Virginia Tech (2019)

**Reorienting** – Blacksburg, Virginia – 2015-2018

- Developing a thorough understanding of the science of well-being and happiness
- Starting a new life in the US (moved July 2015)

**Staff Member** – Mobiel 21, Leuven, Belgium – 2010-2015

- Developing and executing European and local projects and campaigns on sustainable mobility
- Collaborating with local governments, the Belgian Federal and regional government(s), schools, companies, and European partners
- Mobiel 21 project leader of the EU-project ISEMOA: developing and implementing a quality management system for improving the accessibility of regions, cities, and towns

**Staff Member** – Federation of Independent Seniors, Brussels, Belgium – 2005-2010

- Developing and writing policy reports for the Flemish and Brussels governments
- Developing and executing projects to improve the well-being of seniors
- Informing and educating seniors about socially relevant themes via newsletters, the website, study days, classes, and other educative activities

**Post-Doctoral Researcher at the Department of Cognitive Psychology** – Ghent University, Ghent, Belgium – Jan. 2002-Dec. 2004

- Instructor “Introduction to Psychology” for 250 1<sup>st</sup> year Law students (2002-2003; 2003-2004)
- Research and publishing

## Education and training

**Ghent University** – Ghent, Belgium

- Ph.D. in Psychological Science: “Strategies and representation in temporal reasoning” – November 2001

**KU-Leuven** – Leuven, Belgium

- MA in Artificial Intelligence, Cognitive Science – September 1997
- MA in Psychology – September 1996
- Teaching degree – September 1996

**Virginia Tech** – Center for Excellence in Teaching and Learning

- Project Based Learning Institute – 5/31-6/2/2022
- Course Design Clinic – 5/19-5/20/2022

**Course Certificates related to Well-being**

- Online courses Greater Good Science Center (UC Berkeley): Bridging Differences (2022); The Science of Happiness at work (3 courses, 2020); The Science of Happiness (2017)
- Online courses Coursera: The Science of Well-being (Santos, Yale, 2019); Positive Psychology (Seligman, UPenn, 5 courses, 2018); Positive Psychology (Fredrickson, UNC, 2016); A life of Happiness and Fulfillment (Raghuathan, UTexas, 2016)

## Publications

- Dierckx, V. & Vandierendonck, A (2007). Modeling something that is believed to be false. In W. Schaeken, A. Vandierendonck, W. Schroyens, & G. D’Ydewalle (eds.). *Mental models theory of reasoning: Refinements and extensions* (pp 113-128). Mahwah, NJ: Lawrence Erlbaum Ass Pub.
- Vandierendonck, A., Dierckx, V., & Vanderbeken, H. (2006). Interaction of knowledge and working memory in reasoning about relations. In C. Held, M. Knauff, & G. Vosgerau, *Mental Models and the Mind: Current Developments in Cognitive Psychology, Neuroscience, and Philosophy of Mind, Vol 138* (pp 53-83). Amsterdam: Elsevier.
- Dierckx, V. & Vandierendonck, A. (2005). Adaptive strategy application in linear reasoning. In M.J. Roberts & E.J. Newton, *Methods of thought: Individual differences in reasoning strategies* (pp 107-127). Sussex: Psychological Press.
- Vandierendonck, A., Dierckx, V., & De Vooght, G. (2004). Mental model construction in linear reasoning. Evidence for the construction of annotated mental models. *Quarterly Journal of Experimental Psychology*, 57, 1369-1391.
- Dierckx, V., Vandierendonck, A., Liefoghe, B. & Christiaens, E. (2004). Plugging a tooth before anaesthetising the patient? The influence of people’s beliefs on reasoning about the temporal order of actions. *Thinking and Reasoning*, 10, 371-404.
- Dierckx, V., Vandierendonck, A., & Pandelaere, M (2003). Is model construction open to strategic decisions? An exploration in the field of linear reasoning. *Thinking and Reasoning*, 9, 97-139.
- Boen, F, Vanbeselaere, N, Pandelaere, M., Dewitte, S., Duriez, B., Snauwaert, B., Feys, J., Dierckx, V., & Van Avermaet, E. (2002). Politics and basking-in-reflected-glory: A field study in Flanders. *Basic and Applied Social Psychology*, 24, 205-214.
- Verhaeghen, P., Vandenbroucke, A, & Dierckx, V. (1998). Growing slower and less accurate: Adult age differences in time-accuracy functions for recall and recognition from episodic memory. *Experimental Aging Research*, 24, 3-19.

## **Skills & Strengths**

**Presenter skills** – Very enthusiastic presenter and teacher

**Leadership skills** – Head of the Montgomery County Christmas Store Food Department

**Languages** – Dutch – English – French

**Strengths** – Optimistic – Perseverant – Eager to help others thrive – Love of learning – Zest for living